



BALANCE MUSCAT

AYURVEDA CENTER

This is the first time in Muscat- Oman, that Ayurveda, Yoga and Modern Nutrition are coming together in harmony to encourage people to move from a space of imbalance to balance. The world has faced some of the toughest years in modern history, during the pandemic. As the human spirit heals and pushes through with resilience and persistence, there are a number of learning lessons we must carry forward with us. The main being a daily commitment towards our mental and physical well-being. When we remain balanced internally, we are ready to face any imbalance externally. By creating a balanced lifestyle, an individual can find their path towards a happy, healthy and contented life.

Our Special Offers for the WGO members are as follows—

1. **For all therapeutic Ayurvedic Packages** - For 5 sessions- 12% discount
2. **For all therapeutic Ayurvedic Packages**-10-sessions-15% discount
3. **Modern Nutrition**- 25 % Discount on our Nutrition programs
4. We can offer a **FREE De-stress yoga session** customized for your group when you have your meets/ or in our premises. This session we have done for corporates and teachers. It involves laughter therapy, yoga stretches, mediation and tools to combat day to day stress.
5. **Wellness Package of Yoga + Nutrition** - **30% discount**

ZERO DEGREE LLC

درجة الصفر ش م م

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