



INNOVATIVE

FUNCTIONAL

TEAM TRAINING



LIFE CHANGING OFFERS

	Salam Square		Muzn Mall	
	Regular	Offer	Regular	Offer
1 Month	94.5	63	89.25	57.75
6 Months	441	378	409.5	346.5
12 Months	819	756	756	693

- 1 Month free with 6 months membership
- 2 Months free with 12 months membership

Requirements: Please present your employee card

FEEL THE ENERGY & JOIN US 2 WEEKS FOR FREE TO ALL WGO COMMUNITY

**Salam Square
Al Muzn Mall**

Contcat:
+968 96262645
muscatsalamsquare@f45training.com



TEAM TRAINING ★ LIFE CHANGING



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Classes Schedule

SALAM SQUARE



SUNDAY - THURSDAY

LADIES 5:30 AM

MIXED 6:25 AM

MIXED 7:20 AM

LADIES 4:00 PM

MIXED 5:00 PM

LADIES 6:00 PM

MIXED 7:00 PM

SATURDAY

LADIES
9:00 AM

MIXED
10:15 AM

MUZN MALL



SUNDAY - THURSDAY

LADIES 5:30 AM

MIXED 6:25 AM

LADIES 8:30 AM

MIXED 5:00 PM

LADIES 6:00 PM

MIXED 7:00 PM

SATURDAY

LADIES 8:45 AM

MIXED 10:00 AM

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